

Daily Word



A UNITY PUBLICATION
APRIL 1957

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

•

PRAYER FOR ILLUMINATION (11 a.m.): Jesus Christ is raising me to His consciousness of wisdom and spiritual power.

•

PRAYER FOR PROSPERITY (12 noon): Jesus Christ is raising me to His consciousness of the power in the spoken word of plenty. I am prospered!

•

PRAYER FOR HEALING (9 p.m.): Jesus Christ is resurrecting me to His mighty conviction of health and wholeness.

DAILY WORD is nonsectarian. It is published monthly by UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI. Single copies at 15c each. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Entered as second-class matter, at the post office at Lee's Summit, Missouri. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Unity School publishes the following periodicals; Unity, You, Weekly Unity, Good Business, Daily Word, and Unity Sunday-School Leaflet at \$1 a year each, and Wee Wisdom at \$2 a year. No additional postage charge for subscriptions to foreign countries.

DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 66

APRIL, 1957

No. 4

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Center Photograph—L. O. Huggins

DAILY LESSONS FOR APRIL

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R E S U R R E C T

JAMES DILLET FREEMAN



CT I O N !

AN

This article, which has been so well-loved, was read by its author, James Dillet Freeman, at the first Easter Sunrise Service at Unity Village. The cover depicts this Sunrise Service at Unity Village, April 1956.

THE RIVERS roaring to the sea return as rain to renew the ever-flowing springs. To the deep dark before the dawn day never fails to bring its living light.

After the bare-boughed winter come green fields, bright woods, and fair flowers.

From the torn chrysalis where the worm was sleeping soars the winged splendor of the butterfly.

Out of the shriveled seed unfolds the frail and mighty leaf.

Out of the night of ignorance and pain, out of the winter of old hates and fears, out of the chrysalis of false beliefs, rises the Spirit of God in man.

Two thousand years have passed since Mary wept in the garden, "They have taken away my Lord, and I know not where they have laid him."

After two thousand years the world in doubt and sorrow still echoes Mary's desolate cry.

But He lives today as surely as He lived with the twelve who first followed Him from Galilee.

Only today He keeps with us a mystical communion, and we need eyes that see and ears that hear to glimpse His countenance and catch His voice.

Had the man Jesus kept His human likeness, He would have been but one man: one mind, one heart, one pair of hands.

Men wishing to paint Jesus have had various ideas as to His appearance.

But His face is the face of humanity itself, for who has not at times put on His Spirit?

He is even the least of them that love, even the smallest in faith among us.

Every time a man thinks the thoughts of Christ, enters into the heart of Christ, does the work of Christ, is not Christ raised again?

Does He not rise in the flesh then as truly as

He rose on the first Easter morning?

He is with you when you call Him. He is with you when you need Him.

Call with a loving thought, an understanding word, an act of faith, and He who was incarnate love, faith, and understanding is incarnate again, thought of your thought, flesh of your flesh.

In your inmost heart there is a sanctuary.

Love will open the door of it.

In your inmost thought there is a hidden tower. Faith will lead you into it.

Christ is your secret sanctuary and your inward tower of strength.

Christ is the inward voice: "Be not afraid."

He is the strength to bear the load long after human powers have given out.

He is the courage to carry on long after human fears have given in.

He is the vision of the victory that fires the heart to keep on trying long after human counsel says, "Give up."

Christ is the upward urge.

Christ is the love that creates a cosmos out of chaos.

Christ is the light that overcomes the dark.

Christ is the life that bursts the bonds of old fears and seeks to fulfill itself in ever more joyous and living ways.

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Christ is not far away.

The color is not nearer to the rose than is the Christ to you.

As the light is in the sun and the leaven in the loaf and the temper in the steel, so is the Christ in you.

Do you feel afraid?

He is surer than your fear.

Does your need seem great?

He encompasses your need.

Do you walk a dark and perilous path?

He is a certain and an inward light.

Two thousand years ago they hung the Lord upon a cross.

How dark then must the day have seemed, how futile all man's faith!

But He did not stay on the cross. He did not stay in the tomb.

He lives today.

Turn but within and you will find Him there.

Oh, you who come to Him in need, take faith and know that the Spirit of God in man is the mightiest force in the world and the seeds of life are ever stronger than death.

Though it must split the rock of disbelief, life will take root and grow!

Come and take heart; for He is with you who is life itself, and joy, and love, and light, and cer-

titude, and peace, and help for pain.

You need never walk your way alone.

Though you pass through the valley of the shadow, He will bring you out again.

Let the stone be rolled away.

Let the light of Truth shine in.

Let the earth be full of joy.

Let the angels tell the tidings, "He is risen, as he said."

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, or by telephone, BALtimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.



The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

From Texas:

I discovered DAILY WORD when I was told I had only a few weeks to live because of cancer. I was in the hospital room alone, trying to decide whether to jump out of a window or submit to an operation. I picked up a copy of your little booklet and found the answer. That was six years ago. I am entirely well. DAILY WORD has been my source of comfort and guidance.

From California:

While traveling on the Southern Pacific train to El Paso, Texas, during the night I just could not sleep. I prayed for all the passengers that they would have a nice trip. I was then relaxed and in my mind a voice seemed to say, "A new life will start for you in the morning." In the morning, coming back from the grill car I found one of your DAILY WORDS. I read it through and a change came over me. Everything looked better. All the passengers were more friendly to me and each other. Now I seek and want to know more about Unity.

From Florida:

I was greatly distressed over an occurrence that was taking place in our neighborhood—neglect of a woman who had lost her mind and mistreatment of her. Several of us were summoned to a court hearing, something I felt I did not want to do and was much upset over it. When I went to breakfast my DAILY WORD was there. The message was just for me. "No circumstance or situation has power to distress or defeat me, for I am strong in the Lord and the power of His might." I thank you but first of all I thanked God for that help. We did succeed in getting help for

her, for "greater is he that is in you than he that is in the world."

From Texas:

Due to human-made circumstances, my life had become well "messed up" mentally. Of course, it really was spiritual deficiency—that I see now.

I always was a Christian, so I thought, but there is such a difference in passive supposing and the way I think and feel now!

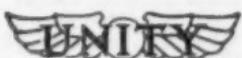
I could not ask the Lord for a nicer and more satisfactory year. To me it has been perfect. God was just waiting to help, but in my confused state He could not get through to me. I needed outside help that no person could give, so what I am trying to say is that I know DAILY WORD changed my little world—after I wanted it to.

Now I just ask God to run my affairs. It would surprise a lot of people to know how much easier it is. It is good to be alive.

From Texas:

It is quite satisfying to read my morning lesson in DAILY WORD, knowing that my son, his wife, and four children are using the same excellent help for the day at about the same early hour. Also a friend to whom the other subscription was sent.

The Name



JAMES SWEANEY

RECENTLY I heard a Unity student say that of all the Unity teachings the thing that had meant most to him was simply the name *Unity*. The more I thought about it the more I realized that in this name *Unity* there is indeed meaning. Unity is a word that one sees frequently in newspapers and magazines. Almost every day the headlines declare that such and such a group is seeking unity. The United Nations are seeking unity; management and labor are seeking unity; religious groups are seeking unity.

Unity is a word that is in tune with the times.

In the spring of 1891 a small group of faithful workers were sitting with Charles and Myrtle Fillmore in prayer. Until that time no satisfactory name had been found for the spiritual work that the Fillmores had begun a few years before.

Suddenly Charles Fillmore broke the silence of their prayer by exclaiming, "Unity!" To the others in the group he said, "That is the name of this movement—Unity!"

Mr. Fillmore said that he had heard the word

unity as clearly as if someone had spoken it aloud. This movement has been called Unity ever since.

It might be said, and with justification, that the word *unity* expresses the heart of Unity's teachings.

For instance, what does Unity teach about man's relationship to God? The answer is unity—that man is one with God.

What does Unity teach about man's relationship to his fellow man? The answer is unity—that all men are one in Spirit.

What does Unity teach about the relationship of man's spirit, soul, and body? The answer is unity—that spirit, soul, and body are one.

What does Unity teach in regard to other religions, churches, and religious movements? The answer is unity—not necessarily organizational oneness, but rather Unity believes in uniting and promoting the good in all religious thought.

What is Unity's relationship with science? The answer is unity—oneness with all Truth, no matter in what field of endeavor it may be found.

Inspiration, guidance, and practical help come from contemplating the name *Unity*. This spiritually given word is a key to a practical way of life: unity with God; unity with our fellow men; unity within ourselves; and unity with the good in all.

APRIL 1

Monday

I DO UNTO OTHERS AS I WOULD HAVE THEM
DO UNTO ME IF I WERE IN THEIR PLACE, AND
I DO IT FIRST.

THE GOLDEN Rule is a good rule, but it is effective only if I apply it.

I must be the one to take the first step. If I am too proud to take that first step of reconciliation when there is inharmony or misunderstanding between me and another person, then I am failing to measure up to the high standard of the Christ love.

As a follower of Christ and as a believer in the Golden Rule as a guide for getting along with others, I must take the first step in applying this rule and in doing good.

Even though the other person may be in the wrong, my duty, according to the Golden Rule, is to make it easy for that other person to apologize, and if he does not apologize, to forget the whole thing and treat him as if he had.

If I try to live by the Golden Rule, I will be filled with peace, joy, and loving-kindness.

* *All things therefore whatsoever ye would that men should do unto you, even so do ye also unto them: for this is the law and the prophets.*—MATT. 7:12.

Tuesday

APRIL 2

MY SECURITY IS IN GOD.

EVERY person, regardless of his condition in life, is seeking a sense of greater security. We sometimes think, "When I have a better income, I will feel secure." "When I have this or that recognition, I will be happy." "When I am assured that I am loved, I will know peace." We may achieve a better income; we may gain recognition; we may find love and happiness, but we may still lack a sense of security.

Where is security to be found? Real security is to be found in an awareness of God. Actually, we do not want the kind of security that would deprive us of the soul-stretching efforts and the moments of triumph that we experience as we meet and overcome challenges. We all want a deep sense of well-being, but we want also to continue to grow and unfold.

As we center our thoughts and our lives in God we find a feeling of security; at the same time we come alive to the wondrous spiritual resources that God has implanted within us.

* *But seek ye first his kingdom, and his righteousness; and all these things shall be added unto you.*—MATT. 6:33.

Wednesday

IN THE NAME AND THROUGH THE POWER OF JESUS CHRIST, I AM MADE WHOLE.

JESUS healed many who were sick and in need because He knew that God was present in the midst of those who turned to Him.

Silent Unity is praying with you right now, believing that God is with you, your unfailing source of life in mind and body.

We see you filled with God-life and sustained in His healing presence. We see you made free and whole.

Pray in the name and through the power of Jesus Christ. Affirm that you are revitalized, renewed, and blessed with abundant life, that you are one with the eternal life, unending life of God.

In the name and through the power of Jesus Christ you are now healed. You need never again be weighed down with illness. Know and declare in the name and through the power of Jesus Christ that God is in the midst of you, a mighty healing power.

* *Whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.—JOHN 14:13.*

Thursday

APRIL 4

MY PRAYER IS: GIVE ME AN UNDERSTANDING HEART, O LORD.

WHY is it important to seek understanding? Understanding is invaluable because only understanding can give peace to the heart.

When we understand that other persons are seeking their good just as we are seeking ours, when we understand that the creative spirit of life abides within us, making it possible for us to create well-being for ourselves in the face of any kind of challenge, our tensions relax and peace comes to us.

Many things contribute to the development of understanding. But we must begin to gain understanding from within our own hearts, where all that God has purposed for us reveals itself. As we begin to sense our own worth, our own resources, our own importance in the lives of others, our minds have the broadness of vision and our hearts the depth of love that, combined, we call understanding. And a person with understanding knows deep inner security.

♦ *Understanding is a wellspring of life unto him that bath it.—PROV. 16:22.*

"THE LORD IS MY SHEPHERD; I SHALL NOT WANT."

GOD IS the inexhaustible source of my supply. I live and move and have my being in His abundance. The moment any need arises in my life, His infinite substance is immediately at hand to fill it, so bills do not frighten me, and financial obligations do not dismay me.

Whenever I am called on to give of my substance I do so in the confidence that in the act of giving there is always a simultaneous inflow of supply from the Father. Knowing this, I give and spend and pay my debts gladly, freely, and without fear.

Instead of bemoaning what I do not have, I continually give thanks for what I do have. Instead of keeping my eyes on the bank balance, I keep them steadfastly on my indwelling Father, who anticipates my every need. I trust Him to guide me forevermore into radiantly prosperous paths. The Lord is my shepherd, I shall not want.

*Ob taste and see that Jehovah is good:
Blessed is the man that taketh refuge in him. . . .
They that seek Jehovah shall not want any good thing.*

—PSALMS 34:8, 10.

Saturday

APRIL 6

IN FAITH I LAUNCH OUT INTO THE DEEP.

I DO not wait passively for the things I want to happen, but I exercise my faith in God.

Today I am going to make some effort, no matter how little it may be, to do something toward bringing into manifestation the good that I desire in my life. I will pray and keep my vision positive, optimistic, and trusting, but also I will take some outer steps to prove my faith.

For example, if I desire a home, instead of simply thinking about it I will begin to put some plans on paper. Instead of simply holding mental pictures of the health I desire to express, I will begin to take definite outer steps to improve my health in such matters as diet, recreation, rest. Instead of praying and then waiting, I will pray and then do something about it in an outer way. The moment I make a sincere effort to begin to do something about the things I am praying for, the power of the universe seems to rush to my aid.

♦ *Launch out into the deep, and let down your nets for a draught. And Simon answering said unto him, Master, we have toiled all the night, and have taken nothing: nevertheless at thy word I will let down the net.—LUKE 5:4, 5 (A.V.).*

Sunday

GOD'S SPIRIT IN ME IS PERFECT, HOLY, HARMONIOUS. I MANIFEST MY REAL SELF NOW.

WOULD you like to be more patient with others, more understanding, more tolerant and harmonious? Perhaps you try, but the little things that arise always seem to ruffle your disposition. Through the Spirit of God in you, you can be the patient person you want to be. Little things need not cause you unrest if you will turn within to your real self, your God-self.

Can you imagine God's Spirit being disturbed by anything, large or small? Can you imagine Him as anything but wonderfully patient, loving, harmonious?

When anything threatens to disturb your serenity, tell yourself, "God's Spirit in me is perfect, holy, harmonious." Remember that your real self cannot be disturbed, for it is understanding and patient enough to work any situation out in fairness and justice to all concerned, without being upset. Begin now to manifest your real self, your patient, loving, kind, understanding, harmonious self—your God-self.

* *Let patience have its perfect work, that ye may be perfect and entire, lacking in nothing.*—JAMES 1:4.

Monday

APRIL 8

I AFFIRM IN FAITH, AND THAT WHICH I NEED
IS SPEEDILY MADE MANIFEST.

THE POWER of affirmation is marvelous. God has given us the power of the creative word. All of us use this power, consciously or unconsciously, for by thought and word and attitude each of us is constantly affirming—speaking into being—something.

It is up to us to choose whether we will affirm Truth and abundance, love and joy, wisdom and health—or their lack.

So today I determine to affirm God's goodness and abundance in every area of my life and being. I affirm health; I stand straight and breathe deeply. I affirm abundance, all of every good thing that I could possibly need. I rejoice in this abundance—abundance for all, abundance of all!

I affirm the development of my talents and abilities; I affirm increased opportunity; I affirm harmony and order in all my affairs.

I affirm the presence of God everywhere manifest. I affirm in faith, and that which I need is speedily made manifest.

♦ Hold the pattern of sound words . . . in faith and love which is in Christ Jesus.—II TIM. 1:13.

I AM FREE FROM STRESS AND STRAIN, FOR I AM ESTABLISHED IN GOD'S LOVE.

I CANNOT fear; I cannot become strained or anxious; I cannot be tense or nervous; for I am established in God. I am one with my good, and one with all the good there is.

I turn to God. I open my mind and heart to His warming, fulfilling presence, and I am established in His love. I am one with all the love in the universe, and I rest and grow strong in the realization that the Father is with me and that I am His beloved child.

I build on God's love. I fill my life with love and I radiate love to others.

I let God's love flow through me. As I make myself receptive to this great love I feel myself relaxing and letting go. I know that I am established in God, and tension and strain leave my body, my mind, and my life.

I place myself in God's care. I am free from all limiting circumstances. Nothing causes me undue concern, because God is with me; God is my answer.

♦ *Thou wilt keep him in perfect peace, whose mind is stayed on thee.—ISA. 26:3.*

Wednesday

APRIL 10

THROUGH THE POWER AND AUTHORITY OF CHRIST IN ME I CLAIM PERFECT HEALTH NOW.

THE SAME power that worked through Jesus to heal is in me. Through the power of the Spirit in me I speak with authority and heal the sick. I claim health for myself and others; I have faith in the power of the indwelling Spirit to renew, to restore, and to make whole.

Today I claim perfect health in every part of my body. I affirm that every cell and nerve, every gland and muscle, every organ and function is free, whole, and perfect. God's life and power in me are instant and constant, mighty to renew and rebuild.

Nothing can interfere with the free flow of God's life in me. No negative decree, no fear has power over me, for I have all power through Christ in me to claim my freedom and health now. I am immune to negation, for I am centered in God's pure life. I am firm in my faith and declare and claim my wholeness. I claim it for myself and I claim it for all who need healing.

♦ *All authority hath been given unto me in heaven and on earth.—MATT. 28:18.*

Thursday

FATHER, I ASK ONE THING OF YOU: FILL MY HEART WITH YOUR PERFECT LOVE.

MY HEART longs to know and to feel God's love, to become a radiant center for the expression of this perfect love.

In quiet moments of prayer I turn to God's loving presence within me. I sense a deep, inner calm permeating my whole being. I give thanks that God's love is now doing its healing work. The old worries and tensions are dissolved into nothingness, for "love casteth out fear." The mists are cleared from my vision. I behold the good and the true in all persons, for I see them through the eyes of love.

My heart is filled with loving-kindness; there is no room for impatience or criticism. I bless everyone I meet—not only my dear ones and friends but also my co-workers, associates, and neighbors, even the stranger who crosses my path.

Father, let my mind be so uplifted that I dwell in a sustained consciousness of Your loving presence. Let my every thought, word, and deed be inspired by Your love.

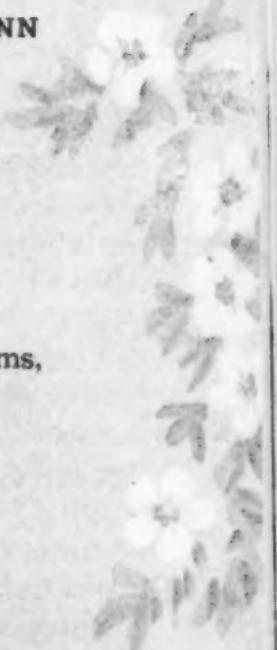
♦ *God is love; and he that abideth in love abideth in God, and God abideth in him.—I JOHN 4:16.*

A Flower Is Like



Thought

D. J. MANN



A flower is like a thought
Of beauty bound and caught
In fragrance for an hour;
A thought is like a flower.
The slightest flower seems
More real than thoughts and dreams,
Which are but trifles, less
Than airy nothingness;
And yet our thoughts contain
What power for joy or pain.
Space has not the extent
To hold their increment.
Thoughts fly, yet have no wings,
And outlast solid things.
A thought of love may be
Man's immortality,
A thought of God the whole
Unfoldment of a soul.

APRIL 12

Friday

I ENTER INTO LIFE, WILLING TO LEARN AND TO ACCEPT THE GIFTS THAT EVERY NEW EXPERIENCE HAS TO GIVE ME.

IN ENTERING a new experience we are very often confronted with resistance within ourselves. While part of us assents to the enriching possibilities of the new, another part of us holds to that which is known and familiar. This resistance within ourselves beclouds the joy of growth and development.

The misgivings that underlie resistance may be deeply imbedded in the consciousness, but no one is without help in gaining his freedom. For each one is forever united with the freeing, fulfilling Spirit of God Himself. When a person takes the attitude that he is willing to learn from every experience, he puts himself in tune with the Spirit of life. He yields himself to be blessed and enriched, to be freed and led forward. He lends himself to the Spirit that transforms resistance into willingness and discontent into content.

Let us enter into life, willing to learn and to grow.

* *If ye be willing and obedient, ye shall eat the good of the land.*—Isa. 1:19.

12
APRIL 13

Saturday

DIVINE LOVE ENRICHES AND BLESSES ALL THAT I DO THIS DAY.

TODAY I would break through false barriers of self and let God's love shine clearly in my life. This love, so vast and impersonal as it holds the universe in orderly sway, becomes warm and personal and infinitely comforting within my own heart. And as it spreads out through all my life it enriches and blesses and heals.

It has been said that "work is love made visible." So would I think of every task. Everything I do I will do in love—love for Christ, love for God, love for my family and friends, love for all men everywhere. And when my work is done in love and through love, it also is immeasurably blessed, enriched, and perfected.

Filled with divine love, I lose the self-consciousness that holds me back from the friendly greeting to a stranger, from the offer of a helping hand. I realize my oneness in Spirit with all men everywhere.

I am confident in love and so divine love enriches and blesses all that I do this day.

¶ Let all that ye do be done in love.—I COR. 16:14.

Sunday

APRIL 14

I SING PRAISES AND HOSANNAS TO THE LIVING CHRIST IN THE MIDST OF ME.

"**J**ESUS therefore six days before the passover came to Bethany, where Lazarus was, whom Jesus raised from the dead. So they made him a supper there: and Martha served; but Lazarus was one of them that sat at meat with him. . . .

"The common people . . . learned that he was there: and they came, not for Jesus' sake only, but that they might see Lazarus also, whom he had raised from the dead. . . .

"On the morrow a great multitude that had come to the feast, when they heard that Jesus was coming to Jerusalem, took the branches of the palm trees, and went forth to meet him, and cried out, Hosanna: Blessed is he that cometh in the name of the Lord, even the King of Israel. . . . The multitude therefore that was with him when he called Lazarus out of the tomb, and raised him from the dead, bare witness. For this cause also the multitude went and met him, for that they heard that he had done this sign.

♦ *Hosanna: Blessed is he that cometh in the name of the Lord.—JOHN 12:13.*

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APRIL 15

Monday

I BASK IN THE WARM RAYS OF DIVINE LOVE.
ALL MY TROUBLES EVAPORATE, AND ONLY
GOOD REMAINS.

I RECOGNIZE that there is only one presence and one power in my life, God, the good omnipotent, and I bask in the warmth of God's love. I make myself open and receptive to God's will of good for me, and I sun myself continually in the radiance of His life-giving light.

I "seek the things that are above." I give myself completely to the warming, reassuring rays of divine love, and I am filled with the harmonizing, purifying life of Spirit.

All my problems are solved in divine order when I trust them to the Father. No task is too big, no burden is too heavy. All troubles evaporate in the warmth of the divine love that is my gift from the Father.

I am free from worry and strain. I am filled through and through with the warming, radiating love of God. I am one with all the good in the universe, and only good can come to me.

* Seek the things that are above, where Christ is.—COL. 3:1.

APRIL 16

Tuesday

I JOYOUSLY CONSECRATE AND DEDICATE MYSELF TO THE WILL AND THE WORK OF JESUS CHRIST.

THE WILL and the work of Jesus Christ are not confined to religious matters, to religious groups or organizations. The will and work of Jesus Christ are done by anyone, anywhere, in any work. We do the will and the work of Jesus Christ when we give ourselves wholeheartedly to the task in hand, when we love what we are doing, when we think of what we are doing as contributing in some way to the well-being and happiness of mankind.

The homemaker is doing the will and the work of Jesus Christ. The office worker is doing the will and the work of Jesus Christ. The salesman is doing the will and the work of Jesus Christ. All who work diligently and willingly, who love their work, who do it to the best of their ability to the honor of man and to the glory of God are serving the will and the work of Jesus Christ.

Let us this day think of ourselves as doing the will and the work of Jesus Christ.

* *Inasmuch as ye did it unto . . . these least, ye did it unto me.*—MATT. 25:40.

Wednesday

I RELAX IN THE PEACEFUL PRESENCE OF GOD. HIS LIFE WITHIN ME IS QUICKENED INTO ACTIVITY, AND I AM RENEWED AND RESTORED TO HEALTH.

I RELAX in the peaceful presence of God and I feel His restoring, vitalizing life flowing in and through me. No negative condition has permanence or power, for my body is a temple of the living God, filled with His changeless, endless life.

My mind is peaceful and serene, for I realize that the healing life of Spirit flows continually in and through me to uplift, to strengthen, to heal, and to restore. Every organ and function of my body responds to the life of Spirit and is made perfect.

In the peaceful presence of God my faith and trust are renewed. I can never lose contact with the life of God. Always I can draw on it; always I can enter into His life-giving presence.

I rejoice that the life of God within me is a swift, powerful force that flows through me now and forever.

* *I came that they may have life, and may have it abundantly.—JOHN 10:10.*

Thursday

APRIL 18

THE CHRIST IN ME SALUTES THE CHRIST IN YOU, AND PERFECT HARMONY IS ESTABLISHED BETWEEN US.

GOD'S will for us is a happy, well-ordered life in which we enjoy friendly relations with our fellow men. In the human heart is a natural desire to be liked by other persons, to have their good will.

Sometimes, we sense a feeling of antagonism in another person. We need to meet such a situation with nonresistance and to place the problem lovingly in the hands of the Father. Our responsibility is not to try to change the other person but to change ourselves. We do this by refusing to focus our attention on the shortcomings of another. We look beyond the personal issue to the Christ, within us and within the other person. As we steadfastly behold the Christ in the other person, the friction no longer disturbs us, for we are filled with the spirit of forgiving love.

When we let Christ take over, any problem is bound to be adjusted in a perfect way. God's law of harmony always brings right action.

♦ *Be not overcome of evil, but overcome evil with good.*—ROM. 12:21.

Friday

I THINK OF JESUS' OVERCOMING WITH REJOICING IN MY HEART.

"**A**ND there followed him a great multitude of the people, and of women who bailed and lamented him. But Jesus turning unto them said, Daughters of Jerusalem, weep not for me."

To those who on this good Friday are sorrowful and weighed down with thoughts of Jesus' suffering, He seems to say, "Weep not for me."

He seems to say to us, "Do not remember the cruelty or injustice of the Crucifixion. Remember, instead, how the love of the Father sustained Me in that hour; remember how the Spirit in Me steadied and strengthened Me. Remember, too, that I knew the endlessness of the Father's love, the eternalness of His life. Weep not for Me, but rejoice with Me that I was equal to the test, that I was able to show you the victory over death that God intends for every man."

On this Good Friday let us think of Jesus' overcoming with rejoicing in our hearts.

"Be of good cheer; I have overcome the world."

♦ *And Pilate saith unto them, Behold, the man!—JOHN 19:5.*

Saturday

APRIL 20

I AM POISED AND CENTERED IN THE PEACE OF GOD.

NOTHING can separate me from the peaceful presence of God. I need only to trust Him when there are things I do not understand. I know that He loves me and blesses me. I know that when one door closes, another one opens to let new light and peace enter my life.

I am poised and centered in God's peace and I remember the words, "Let not your heart be troubled." "Lo, I am with you always."

In all ways and at all times, the love of God leads me through the valleys of human experience and lets me rest beside still waters of peace until I am refreshed. I take new courage just from remembering that I am never alone, that God is with me always.

The peace of God within me restores me in mind and body. My poise does not desert me in times of need, for I am upheld by His Spirit within me.

*He leadeth me beside still waters.
He restoreth my soul.*

—PSALMS 23:2, 3.

Sunday

I AM THE RESURRECTION AND THE LIFE: I RISE TRIUMPHANT OUT OF EVERY TRIAL.

"**A**ND BEHOLD, two of them were going that very day to a village named Emmaus, which was threescore furlongs from Jerusalem. . . . And it came to pass, while they communed and questioned together, that Jesus himself drew near, and went with them. But their eyes were holden. . . .

"And beginning from Moses and from all the prophets, he interpreted to them in all the scriptures the things concerning himself. And they drew nigh unto the village, whither they were going: and he made as though he would go further. And they constrained him, saying, Abide with us; for it is toward evening, and the day is now far spent. And he went in to abide with them. And it came to pass, when he had sat down with them to meat, he took the bread and blessed; and breaking it he gave to them. And their eyes were opened, and they knew him; and he vanished out of their sight. And they said to one another, Was not our heart burning within us, while he spake to us?"

• *The Lord is risen indeed.—LUKE 24:34.*

Monday

APRIL 22

THIS DAY IS MINE! JOYOUSLY I GREET IT, FOR I KNOW THAT GOD HAS GOOD IN STORE FOR ME.

THIS DAY is mine! With the dawn of this new day I begin life anew. I am not bound by limitations of the past. Opening before me this day is a new world, a world overflowing with new ideas, new visions, new opportunities. I rejoice in the good that is everywhere present. This day I will receive new blessings.

This day is mine! I greet it with eagerness and anticipation. Today I am free in Christ. Today I will behold only the Christ perfection in myself and in all persons and situations.

This day is mine! My entire being is aglow with radiant health, peace, joy, harmony, and perfection.

The light of Spirit shines forth through me to bless all with whom I come in contact today. I am filled with spiritual power; I am quickened with a new understanding of my spiritual heritage.

*This is the day which Jehovah hath made;
We will rejoice and be glad in it.*

—PSALMS 118:24.

Tuesday

THROUGH PRAYER I AM LINKED—MIND,
SOUL, AND BODY—TO GOD.

P RAYER is the way to God. Prayer is the means of spiritual communication. In prayer I am aware of my identity as a child of God, as a part of life. I speak, and He hears; I listen and I receive guidance. Strength and love, wisdom and joy, faith and relaxation flow into my being during prayer communion.

As I acknowledge the vital necessity of prayer in my life I seek to make my own approach to prayer more dynamic. I experiment with different kinds of prayer; I vary my way of praying so that I avoid prayer monotony.

I pray during certain periods, set aside each day for communion with God, but I also pray at odd moments—while washing the dishes, driving to work, sowing seeds in the garden. I pray in silence, deep inner silence; I also pray aloud; I pray in song; I pray with words and without them. And I listen much; I am receptive in my mind and in my soul, in my body and in my whole life—receptive to God, receptive to His good, receptive to His Truth.

• *Pray without ceasing.—I THESS. 5:17.*

Wednesday

APRIL 24

THE LIFE OF GOD WITHIN ME RENEWS, RESTORES, AND HEALS ME.

THE LIFE of God is the life of my body. His life flows continually in and through me to heal, to cleanse, to rebuild, and to make me whole and perfect. In Him I am constantly renewed in vitality and energy. His life permeates every cell and atom of my being.

I recognize God as the source of my life, health, and strength and I release every thought of weakness and imperfection. I keep my thoughts centered on His life within me and become increasingly receptive to His renewing, rebuilding power. I feel His strength and energy surging in and through me.

I know that God is my life and I steadfastly proclaim the wholeness and health that are mine. God's life renews me. His life is as inexhaustible as the air I breathe, and by claiming His life I stir all the forces of my being into perfect activity. The life of God within me renews, restores, and heals me.

*With thee is the fountain of life:
In thy light shall we see light.*

—PSALMS 36:9.

Thursday

I PLACE MYSELF, MY LIFE, AND ALL MY AFFAIRS IN GOD'S CARE AND KEEPING.

WE DO NOT become overanxious about anything when we put our trust in God, when we depend on Him to help us in every situation. Conditions do not cause us undue worry when we know that through the power of God within we can meet all things and solve every problem successfully.

Regardless of disturbing conditions, regardless as to how things appear from a human standpoint, through the Spirit of God in us we have the ability to meet and overcome all things. The Spirit of God acts through us as we keep our minds free from anxiety and doubt and filled with confidence and assurance.

If we should feel tension or anxiety building up within us or if we become unduly concerned about our affairs, then it is time for us to turn our problems over to God. When we do this, we are able to relax in the knowledge that all things are in His loving care and that we can trust Him to bring about good.

* *Fear not . . . I will help thee, saith Jehovah.*—ISA. 41:14.

GOD SUPPLIES ALL THE FAITH AND COURAGE
I NEED THIS DAY.

DO YOU feel that you need more faith and courage? Do not be troubled, for God is with you, upholding and sustaining you and giving you all the faith and courage you need. God is in charge of every situation in your life.

You are God's child and your well-being is important to Him. He is present in every circumstance and in every person and He is a mighty power of good in your life.

Nothing can change the limitless love and understanding of God. Let this be your anchor of courage on which you rest. Whenever you especially need help, God is with you. He gives you the undaunted strength, wisdom, and courage to do whatever needs to be done by you.

God's strength uplifts and sustains you. His peace quiets your mind so that you can think clearly. His faith gives you new vision, and His courage fires you with new enthusiasm.

There is nothing that God cannot do or that you as His child cannot meet.

♦ *This is the victory that hath overcome the world, even our faith.—I JOHN 5:4.*

Saturday

I GIVE JOYOUSLY OF MY SUBSTANCE TO OTHERS, REMEMBERING ALWAYS THAT IT IS THE SPIRIT IN WHICH I GIVE THAT DETERMINES WHAT I RECEIVE.

NOT so much what I give but the spirit in which I give determines the inflow of God's goodness into my life. If I let currency pass from my hands grudgingly and fearfully, then my negative attitude itself blocks more good from flowing into my coffers; but if when I spend of my substance I do so with gratitude and joy—always breathing a word of blessing on that which I give—then I will never be in want.

The spirit in which I handle money helps to determine whether I shall live in prosperity or in lack. The tightfisted attitude is lack; the open-handed attitude is plenty.

So I now release any fearful grasp of the good that God has given me, and I give wisely—but also graciously and happily—of all that I have.

♦ *Prove me now herewith, saith Jebovah of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.—MAL. 3:10.*

Sunday

APRIL 28

SEARCH ME, O GOD, AND KNOW MY HEART!
TRY ME AND KNOW MY THOUGHTS! LEAD ME
IN THE WAY EVERLASTING!

AT THE beginning of this new day, I open my mind and heart to the light of God's revealing presence and take inventory of myself.

I ask myself whether I am faithful in taking time every day to go apart into a quiet place and surrender myself to God's renewing, all-harmonizing Spirit.

I ask myself whether I remember not to let the sun go down upon my wrath. Each night, before I go to sleep, do I forgive, bless, and behold the Christ in everyone with whom I may have been out of harmony? When I talk about others do I gossip and carry tales or do I say only that which is Christlike and kind?

Do I let appearances frighten me into a feeling of discouragement and hopelessness or do I remember that with God all things are possible?

Today I renew my faith in God.

*Create in me a clean heart, O God;
And renew a right spirit within me.
—PSALMS 51:10.*

Monday

I CLAIM MY GOOD WITH POSITIVE THOUGHTS AND WORDS.

As children of God, we are heirs to His life, His love, His power, and His wisdom. Through the creative power of our thoughts and words we claim these spiritual qualities and build lives that are secure, prosperous, happy, and healthy. Let us accept our divine heritage. Let us claim our good with positive thoughts and words.

Our thoughts and our words are continually creating the conditions around us. Let us think only good, positive thoughts. Let us speak only constructive words of Truth.

Let us claim God as the source of life and strength in our bodies. Let us claim God as the source of joy, order, and prosperity in our affairs. Let us claim God as the source of every good thing we desire.

We are heirs to God's good but we must think and speak the Truth about ourselves and our affairs in order to receive our heritage.

• *Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD.—PSALMS 19:14 (A.V.).*

Tuesday

APRIL 30

IT IS NEVER TOO LATE TO BEGIN AGAIN. IT IS ALWAYS GOD'S WILL THAT I BE FREE AND HAPPY.

MANY TIMES we allow ourselves to follow unproductive and even destructive lines of action. We sense that we are on the wrong track but feel lost and confused and unable to find a better way. We may feel that our lives and affairs are too confused and unhappy to ever change; we may feel that it is too late for us to attempt to be and do the things that our hearts long to be and do.

But it is never too late to begin again. It is always God's will that we be free and happy. What has gone before does not matter; how far away we seem from God or how wasted our efforts and lives seem to have been heretofore does not matter now. Right now, God is with us; right now His Spirit can lift us up; right now we can find Him in our midst.

Let us remember that right now God loves us, that His forgiving Spirit is poured out upon us, that His light is shining for us.

♦ *A new heart also will I give you, and a new spirit will I put within you.—EZEK. 36:26.*

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Come and take heart;
For He is with you who is life
itself,
And joy, and love, and light,
and certitude,
And peace, and help for pain.
You need never walk your way
alone.
Though you pass through the
valley of the shadow,
He will bring you out again.
Let the stone be rolled away.
Let the light of Truth shine in.
Let the earth be full of joy.
Let the angel tell the tidings,
"He is risen, as he said."

